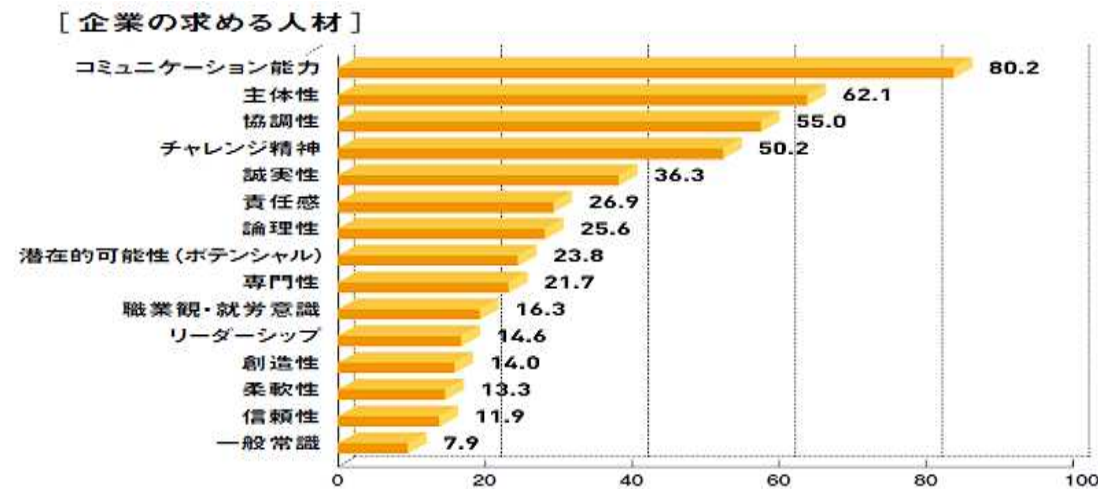


企業の求める人材と学習のあり方



日本経済団体連合会「新卒採用(2011年3月卒業生)に関するアンケート調査結果」
(25項目から5つ回答/上位15項目を抜粋)

上記は、「企業の求める人材」というデータです。様々な面から考えることができますが、今回は、普通の授業に的を絞って、いくつかの項目について考えてみたいと思います。

コミュニケーション能力

- ・始まり・終わりの挨拶...気持ちをこめてできているか。
- ・教師との応答...質問の意図をとらえ、正しい言葉遣いで答えているか。
- ・グループ学習での役割...目的や他者とのバランスを考えて発言しているか。
- ・問題を解く...出題者とのコミュニケーションと考える。相手が何を要求しているのかを確かめ取ろうとすることが大切。

主体性

- ・予習...自らの課題を設定し、授業に臨んでいるか。
- ・発言...積極的に自らの考えを発表できているか。
- ・復習...与えられたこと以外の課題を自分で設定しているか。

責任感

- ・課題遂行...与えられた課題(宿題)について、自分にとっての意味を考え、期限までにこなすことができるか。
- ・態度...周りへの影響を考えて取り組むことができるか。

誠実性

- ・意識...どんな学習内容に対しても全力で取り組む事ができるか。苦手分野だからといって逃げてはいないか。

論理性

- ・教科の特性...数学は論理的な部分が多い。国語でも論理的文章を読み、書く。どの教科でも養うことができる。説得力を持って説明するという点で言うと、教科書の文章や参考書の文章全てが論理的と言える。
- ・伝えるということ...他者に自分の考えを伝えるためには論理性が必要。「論理」の意味が分からない人は必ず調べてみましょう。

今回は授業を中心としたものに的を絞りましたが、全てが関連しているということを実感し、日常生活を送ってもらいたいと思います。

どこを見えていますか

前回、目標をメモしましょう、ということをお伝えしました。今、みなさんはどこを見て(どのくらい先を見て)過ごしているのでしょうか。間近な行事を考えてみましょう。

センター試験まで58日。定期試験まで18日。クリスマス会まで30日。

これらの目標のために今日どう過ごすかを見えていますか?いつまでにいくつ単語を覚える、とか、毎日 は欠かさない、とかを決めていますか?時間はあっという間に過ぎてしまいます。ちなみに、センター試験の本格的な対策は12月から行う人もいますが(もちろんこれでは遅い)、どのくらいの過去問題を解いたか(平均値)というデータがあるので紹介します。

【文系】英語(11年) 数学(9年) 国語(11年) 理科(8年) 地歴(10年) 公民(8年)
【理系】英語(10年) 数学(10年) 国語(11年) 理科(7年) 地歴(6年) 公民(4年)
こんなに今からできないと焦っている高校3年生は、とにかく今信じた道を通って下さい。愛用の問題集や教科書を何度も何度も繰り返して下さい。とにかくやりきった、と思えるような努力を2カ月続けて下さい。

それぞれの目標があると思います。今この1時間をどうすごすか、考えられた人は成功するのだと思います。

"Fall seven times, stand up eight." - [Japanese proverb](#)

Challenge to all students: Are you motivated?

Read this article on motivation and become a living example to others of a motivated student.

Expect to be challenged.

Mr. Winfield

P.S. You will need a dictionary and some time.

Increasing Motivation

November is here and so is the stress of preparing for tests and the December school events. Stress can be motivating, giving you the extra pressure you need to complete a job or push you to do something you don't want to such as studying for a test or performing on stage. Sometimes stress can make you feel very tired and a common response is to withdraw, both physically and emotionally, and to avoid doing anything or talking anyone you don't have to. Too much stress, which can make you feel tired all the time, and as if even the simplest tasks are too much to consider is called depression.

What is motivation?

If you are feeling good and feel that you are studying well, you probably won't even consider how motivated you feel – you just get on with going to school, studying and participating in life, without thinking about how much effort you use. However, when we start to lose self-confidence in routine things that we start to question our feelings with words like 'motivation'.

Our sense of motivation is closely related to the way we act, but once again, not in the way that many people imagine. It's easy to assume that, because we feel motivated – perhaps to study for a test, to act in a play, or sing a song– we simply get on with it and do it. To some extent, that is true.

However, it's equally true that our sense of motivation is directly related to our actions: motivation and behavior are linked. The way we feel about ourselves is depends on how we see ourselves doing things. If you are someone who regularly goes out and gets things done, you will think of yourself as a motivated person (or, more likely, won't even question your motivation – you'll be too busy getting on with it).

When something in our life changes, it can change the way we feel about ourselves. Suddenly, we can feel 'unmotivated', and it is very easy to wait until we feel more motivated before we begin to do something. The problem with this is that if you don't start, there is no reason to feel better. In fact, there is every reason to feel worse, since you just prove to yourself that you're not up to doing anything.

Getting motivated

Your sense of motivation depends on the way you look at yourself and understand the way you are behaving. Motivation is not a random feeling that changes independently of the way you behave. If you wait to feel motivated before you start a new task, the chances are you'll be waiting a while.

The solution may be as simple as to begin before you feel like it, there's more to it than gritting your teeth and getting on with a task that might feel like climbing Mt. Everest. You need to break it down into easy, manageable pieces, rather than see it as an impossible whole.

As the saying goes, 'a journey of a thousand miles starts with a single step.' Take a written project which could be a coursework essay or even a piece of creative writing. It's important not to see it as a 1,200 or 1,500-word mountain. That's so intimidating that you're likely to think that you do not want to begin, perhaps with serious consequences. However, if you set yourself that as a target writing the first line, then few paragraphs to follow. – even writing just 100 words – you prove to yourself that you are capable of doing this, and that piece of evidence impacts your sense of motivation. Once you've overcome that first hurdle, there's a good chance you'll find yourself doing much more, adding to your self-confidence and sense of motivation all the time.

The same is broadly true of any task that feels like it's going to be too much, like studying for 5, 10, or even 12 tests. Studying for 5, 10, or even 12 tests can also seem equally impressive mountain to climb. This may be something that you really don't want to do, despite knowing the fact you know how good it will feel to be successful at the end. It is so much easier to sit on the sofa and watch TV. But you don't need to think about it in terms of studying for all the tests at once.

Just make sure you're (mentally) headed in the right direction. Listen and take notes in class. Create a study schedule for yourself. Start to review your test subjects early, keeping a good pace. If you have questions during your review ask your teacher– none or these are hard, but they're all vital prerequisites to completing the task, tired and with a fitting sense of achievement.

adapted from: www.stressingout.org/increasing-motivation

Retrieved 2012/11/16

"This is the beginning of a new day. You have been given this day to use as you will. You can waste it or use it for good. What you do today is important because you are exchanging a day of your life for it. When tomorrow comes, this day will be gone forever; in its place is something that you have left behind...let it be something good."

~ Unknown